



Dear Parents and Guardians,

We will be participating in the Child Assault Prevention (CAP) Project. The success of the CAP project depends on the support of the school community. Every year the NJ CAP program trains approximately 100,000 children and 15,000 adults.

The CAP Program aims to prevent child assault by teaching children to recognize and deal with potentially dangerous situations, and by training teachers and parents to help prevent the victimization of children. The program has three components: a parent program, a teacher/staff in service, and individual classroom workshops for children.

We invite you to attend the CAP parent workshop on Thursday, **Oct. 10<sup>th</sup>, 2024, at 6:30 PM, virtually. The Zoom ID and password are posted below.** This program includes information on child sexual assault, identification of child assault victims, reporting of abuse, and crisis counseling skills. There will also be a detailed description of the children's workshop to be held at your child's school. NJCAP will provide assault prevention program to our 5<sup>th</sup> grade students during their regular class time.

The classroom workshop consists of guided group discussions of children's rights and role plays designed to help children recognize and deal effectively with potentially dangerous situations including child against child (bullying), adult stranger against child, and assault involving a known adult. Discussions help children identify what options they have to protect themselves. The strategies presented are self-assertion, peer support, and telling a trusted adult. If for some reason you choose to deny your child permission to attend this life saving workshop, you must notify the classroom teacher in writing prior to **Monday, Oct. 14<sup>th</sup>, 2024.**

During the CAP workshops, children are encouraged to share their experiences and concerns with adults in their lives and it is important for parents to be willing and able to respond to these concerns. We hope you will join us in participating in this valuable program. For additional information on the CAP workshops, you may wish to visit their website at [www.njcap.org](http://www.njcap.org) and view their CAP Community Affairs video. You can find more information about their elementary workshops [here](#). The adult workshop will also give an opportunity for you to ask any questions/concerns that you may have. For additional ways parents can teach assault prevention, please see [this](#) brochure.

Please remember...If for some reason you choose **NOT** to have your child participate in the CAP program and give them the opportunity to attend this child safety workshop, you must notify your student's classroom teacher in writing by **Monday, Oct. 14<sup>th</sup>, 2024.**

Thank you.

Sincerely,

Christine Crielly  
School Counselor  
Holland Brook School

Meeting ID: **810-4092-3328**  
Passcode: **275552**